



Caring Connection Local Resource and Emergency and Service Guide

Provided by Community Outreach *Caring Connection*

Feel free to take this page home.

The main office has a reference notebook with more resource information.

SUPPORT / GROUPS / CENTERS

Cancer Support Community: 805.379.4777
Cancer Information Service: 800.422.6237
Jewish Family Services (housing, food, counseling, abuse): 877.275.4537
Bereavement Support TEC: 805.497.6891
Al-Anon Support Group TEC: 805.497.6891
Jewish Family Services of TO: 805.496.3896
TalbertFamilyFoundation.org (local families suffering from illness, cancer)
Temple Adat Eloheim: 805.497.7101
Temple Aliyah: 818.346.3545
Chabad (Various Locations):
www.chabadventura.com
Goebel Senior Adult Center: 805.381.2746
The Ezra Network - Social Work/Jewish Federation Affiliate
www.jewishla.org/ezra 866.968.7333
Sharsheret – (For women living with cancer) 866.474.2774
Multiple Sclerosis: 888.673.6287
Parkinsons: Westminster Presbyterian Church; Westlake Village 818. 889.1491

CAREGIVING / ADULT CARE

Comfort Keepers-Home Care: 805.494.9900
TotalSenior.com - Senior Living Referral: 818.570.1087
Senior Concerns: 805.497.0189
Lifeline: 805.388.1952
Alzheimer's Assoc: 805.484.6028
Silverado Memory Care: 866.530.8680
AARP Caregivers: 877.333.5885

HOSPICE SERVICES

Hospice of the Conejo: 805.495.2145
Silverado Ventura Hospice: 805.230.2626

OTHER SERVICES

American Red Cross
805.987.1514 *Disaster center*
American Heart Association 805.445.7050

HOT LINES (911 Emergency)

Suicide: 800.273.8255
Suicide Prevention: 877.727.4747
Poison: 800.222.1222
Alcoholics Anonymous: aaventuracounty.org
805.236.4789
NuLife Detox/Treatment Outpatient:
888.508.1179
TO Police: 805.494.8200
TO Fire: 805.371.1111
Gas Safety Issues: 800.427.2200

Dial 211 - Interface 24 helpline
(teens in trouble, domestic violence, local emergency) website: www.ICFS.org

Elder Abuse Hotline: 800.252.8966
National Domestic Violence: 800.799.SAFE

HOSPITALS / URGENT CARE

Los Robles Hospital: 805.497.2727
Simi Valley Hospital: 805.955.6000
Urgent Care Westlake 805.379.9125
CareNow Urgent Care: 805.309.0880
Thousand Oaks Urgent Care 805.371.4499
UCLA Health Thousand Oaks: 805.418.3500

LOCAL MORTUARY SERVICES

Pierce Brothers: 818.889.0902
Mt Sinai: 800.600.0076

FOOD / DELIVERY / DRIVING

Sova (food resource): 818.988.7682
UBER: uber.com/cities/ventura
Lyft: www.lyft.com/cities
Dial a Ride (65+): 805.375.5467
TO: TOTransit.org
Simi Valley: 805.583.6464
Agoura: 818.707.2005
Door Dash and GrubHub
Restaurants/Kosher Style
Brent's Deli: 805.557.1882
Agoura Deli: 818.889.9113
Pizza Nosh (Kosher): 818.991.3000
Refer to TEC website for Kosher catering

**Resource guide is a sampling of information and is not a recommendation or collaboration of Temple Etz Chaim.
Temple Etz Chaim bears no responsibility for accuracy, outcome or influence from these resources.
We hope this is helpful in fulfilling your needs.**

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